



**Big Brothers Big Sisters**

# Be a Mentor Make a BIG Impact

## Your Role as a Mentor

**As a mentor, your task is to be a leader and a role model while building a friendship with a child in need of support.** Volunteering with Big Brothers Big Sisters is a fun and easy way to positively impact the life of a child.

## Your Responsibilities as a Mentor

**Your biggest and most important responsibility as a Big Brother or a Big Sister is to be a trusted and caring friend for your Little Brother or Little Sister.** That's it! You'll do this by spending time with them on a regular basis doing fun activities and getting to know them. You will be responsible for maintaining contact with Big Brothers Big Sisters for match support purposes. We will also ask you to attend a one-time, three hour new mentor training.

## Time Commitment.

**Just 4-8 hours a month can a change a child's life for the better, forever.** You can choose to be a "community-based" mentor where you spend time doing activities in the community or you can be a "site-based" mentor in our Bigs in Schools program where you meet during the academic year at an elementary or middle school on a specific day and time. Most matches prefer to meet about once a week for an hour or two at a time sharing interests, hobbies and experiences. A one year commitment is required. Also, you will check in with us for a periodic 10-15 minute phone conversation for us to hear about how the match is going.

## Financial Commitment

**There is no cost for becoming a mentor with Big Brothers Big Sisters.** It is your choice whether to spend money on your match outings, and how much. Your time and attention are your most valuable assets as mentor. We provide matches with a list of free and low-cost events happening in our region every week. Our organization also sponsors several activities throughout the year that are free to Bigs & Littles.

## Mentor Qualifications

**To qualify as a mentor you should be a responsible, caring adult who is interested in spending time having fun with a kid.** We will, of course ask you to complete our application process which includes an interview, reference checks and a criminal background check. You should live within the City of Fredericksburg or Stafford, Spotsylvania King George or Caroline Counties.

## Benefit to Mentors

**Our Littles aren't the only ones who benefit from our program.** You will have the opportunity to strengthen your community, share fun new experiences with a friend and enjoy the satisfaction that comes with knowing you are helping someone in need. Our mentors thank us for offering them this incredibly fulfilling experience.

## How to Apply

**Interested in getting started?** You can reach us through email ([info@rbbs.org](mailto:info@rbbs.org)), phone (540-371-7444) or on our website ([www.rbbs.org](http://www.rbbs.org)).

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